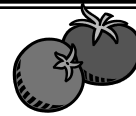




# Planting Guide



This planting guide gives you information about what vegetables and fruits you can plant INTO YOUR GARDEN during each season in Tucson.

Some plants, like lettuce or radishes, can be replanted every 2-4 weeks, for a continuous harvest.

All vegetables and fruits listed can be directly planted from seed into your garden unless they say "plant" next to them. Those will do better by planting a seedling. You can grow seedlings, but it takes special care and advance planning. Call the number below for more information about starting small plants.

## January-February

Arugula	Kale
Asparagus	Kohlrabi
Beet	Leek
Bell Pepper ( <i>seed</i> )**	Head Lettuce
Bok Choy	Mustard Greens
Carrot	Scallions
Chard	Parsley
Chia	Parsnip
Chicory	Radish
Chilies ( <i>seed</i> )**	Rutabaga
Cilantro	Spinach
Collards	Tomatoes ( <i>seed</i> )**
Corn Salad	Turnip
Eggplant ( <i>seed</i> )**	Wildflowers

## June

Chilies ( <i>seed</i> )**	Tomato ( <i>seed</i> )**
Eggplant ( <i>seed</i> )**	Tomatillos ( <i>seed</i> )**
Bell Pepper ( <i>seed</i> )**	Okra

## July-August

(with the monsoons)

Amaranth	Melons
Basil	Okra
Black Eyed Peas	Bell Pepper ( <i>plant</i> )
Bush & Pole Beans	Radish
Broccoli ( <i>seed</i> )**	Summer Squash (Zucchini, Patty Pan)
Sweet Corn	Sunflowers
Cabbage ( <i>seed</i> )**	Tomato ( <i>plant</i> )
Cauliflower ( <i>seed</i> )**	Tomatillos ( <i>plant</i> )
Chilies ( <i>plant</i> )	Winter Squash
Cucumber	(butternut, pumpkins)
Gourds	

## Mid-March

Amaranth	Bell Pepper ( <i>plant</i> )
Basil	Radish
Black Eyed Peas	Summer Squash (Zucchini, Patty Pan)
Bush & Pole Beans	Sunflowers
Sweet Corn	Tomato ( <i>plants</i> )
Chilies ( <i>plant</i> )	Tomatillos ( <i>plants or seed</i> )
Cucumber	Winter Squash
Eggplant ( <i>plant</i> )	(butternut, pumpkins)
Gourds	
Melons	
Okra	

## September-November

Arugula	Garlic
Asparagus	Herbs (except Basil)
Beet	Kale
Bok Choy	Kohlrabi
Broccoli ( <i>plant</i> )	Leek
Brussels Sprouts	Lentils
Cabbage ( <i>plant</i> )	Lettuce
Carrot	Mustard Greens
Cauliflower ( <i>plant</i> )	Onions & Scallions
Celery	Peas
Chard	Radish
Chicory	Rutabaga
Cilantro	Spinach
Collards	Turnip
Fava & Lima beans	Wildflowers

## April to Mid-May

Amaranth	Hard Winter Squash (butternut, pumpkins)
Basil	Melons
Black Eyed Peas	Okra
Bush & Pole Beans	Summer Squash
Sweet Corn	Sunflowers
Cucumber	Sweet Potato
Gourds	

\*\* These seeds need to be protected from cold and freezing in fall/winter and heat in spring/summer. Start seeds indoors with lots of light, or in a small greenhouse or shade house. In 6-8 weeks the plants will be ready to plant outside.

Compiled from Tucson Organic Gardeners (tucsonorganicgardeners@hotmail.com) & Native Seeds/SEARCH (www.nativeseeds.org)

**Call 622-0525 if you have questions about your garden**

[www.communityfoodbank.org](http://www.communityfoodbank.org)